


Friendship Heights  
Village Center



Calendar  
of Events 2004

O C T O B E R						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Village Council meetings are held the second Monday of each month (except on holidays) at 8 p.m. at the Village Center. The next meeting will be <b>Tuesday, Oct. 12</b>. The agenda for the meeting is sent to the manager of each building in the Village the week before the meeting with the request that it be posted.</p>					<div>1<div>10:30 a.m.: Coffee and Current Events</div></div>	<div>2<div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs <b>12 p.m.: Landon Symphonette</b></div></div>
<div>3<div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div></div>	<div>4<div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Red Hat Society 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga <b>7:30 p.m.: Gargoyles and more</b></div></div>	<div>5<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening <b>1:45 p.m.: “Life on a Whaling Ship”</b> 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6 p.m.: Dance N’ Tone 7 p.m.: Mat Pilates</div></div>	<div>6<div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel <b>9:30 a.m.: Depart for Pumpkin Patch</b> <b>7:30 p.m.: Concert: Joe Glazer</b></div></div>	<div>7<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Bones for Life 11 a.m.: Still Life Painting 6 p.m.: Dance N’ Tone 6:30 p.m.: Scrabble 7 p.m.: Bones for Life <b>7:30 p.m.: Book Signing with Steve Coll</b></div></div>	<div>8<div>10:30 a.m.: Coffee and Current Events</div></div>	<div>9<div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs</div></div>
<div>10<div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b></div></div>	<div>11<div><b>COLUMBUS DAY Center Open</b> <b>9 a.m. – 2 p.m.</b> 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi</div></div>	<div>12<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening <b>2 p.m.: Susan Duer</b> 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6 p.m.: Dance N’ Tone <b>8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</b></div></div>	<div>13<div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Health Insurance <b>1 p.m.: Suburban Lecture: “Taking the “IN” out of Incontinence”</b> 1 p.m.: Portraiture in Pencil and Pastel <b>7:30 p.m.: Concert: Les Amis de Mozart</b></div></div>	<div>14<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Bones for Life 11 a.m.: Still Life Painting 6 p.m.: Dance N’ Tone 6:30 p.m.: Scrabble 7 p.m.: Bones for Life <b>7:15 p.m.: Movie: The Human Stain</b></div></div>	<div>15<div><b>10 a.m. to 3 p.m.: AARP Driver Safety Program</b> 10:30 a.m.: Coffee and Current Events</div></div>	<div>16<div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs <b>2 – 3:30 p.m.: Dog Show</b></div></div>
<div>17<div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div></div>	<div>18<div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi <b>1 p.m.: “With a Name Like Tuchmacher...”</b> 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga</div></div>	<div>19<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi <b>10 a.m.: “Rising Interest Rates”</b> 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6 p.m.: Dance N’ Tone 7 p.m.: Mat Pilates</div></div>	<div>20<div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel <b>1:30 p.m.: Vision Transitions</b> <b>7:30 p.m.: Concert: Ryoko Tajika Drei and Maria Pia DeCarlo</b></div></div>	<div>21<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi <b>10 a.m.: Depart for Monticello</b> 11 a.m.: Bones for Life 11 a.m.: Still Life Painting 6 p.m.: Dance N’ Tone 6:30 p.m.: Scrabble 7 p.m.: Bones for Life <b>7:30 p.m.: Café Muse</b></div></div>	<div>22<div><b>10 a.m. to 3 p.m.: AARP Driver Safety Program</b> 10:30 a.m.: Coffee and Current Events</div></div>	<div>23<div>8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs</div></div>
<div>24<div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div></div>	<div>25<div>9:15 a.m.: Fit-4-Ever <b>10: a.m. – 2 p.m.: MVA Mobile Office</b> 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life <b>7 p.m.: Fall Festival</b></div></div>	<div>26<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening <b>1:45 p.m.: “From Farm to Factory...”</b> 2 p.m.: RSVP Knitters 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6 p.m.: Dance N’ Tone 7 p.m.: Mat Pilates</div></div>	<div>27<div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training <b>1 to 3 p.m.: Flu Shots</b> 1 p.m.: Health Insurance Counseling <b>7:30 p.m.: Concert: Ghost Stories by Elloulise Schoettler</b></div></div>	<div>28<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. : Bones for Life 11 a.m.: Still Life Painting 6 p.m.: Dance N’ Tone 6:30 p.m.: Scrabble 7 p.m.: Bones for Life <b>7:30 p.m.: Book Signing with Matthew Brzezinski</b></div></div>	<div>29<div>10:30 a.m.: Coffee and Current Events <b>12:15 p.m.: Sunrise Special Lunch</b> <b>1 p.m.: Special Program: Mary McGuinness</b> <b>6-7:30 p.m.: Children’s Halloween Party</b></div></div>	<div>30<div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs <b>5 p.m.: Depart for Capitol Steps</b></div></div>
<div>31<div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div></div>						

Shuttle bus hours



Monday through Friday  
Saturday and Sunday

6:40 a.m. to 9:40 p.m.  
8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday  
Friday  
Saturday and Sunday

9 a.m. to 9 p.m.  
9 a.m. to 5 p.m.  
9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH’S SPECIAL LUNCH AND PROGRAM

October’s special lunch, prepared by Ed Harris of Brighton Gardens, will be held on **Friday, Oct. 29, at 12:15 p.m.** The menu will be oven-fried chicken, Lyonnaise potatoes, broccoli, and homemade cookies for dessert. The cost is \$6, which must be paid when you make your reservation. Please reserve your seat by Wednesday, Oct. 27.  
After lunch, please stay to enjoy a special Halloween program featuring music and stories by Mary McInnis **at 1 p.m.**